

## Leadership Development Workshop Thursday 25 January 2024 9.00-16.30

Woburn House Conference Centre, 20-24 Tavistock Square, London WC1H 9HQ

09.00-09.30	Arrival and Tea & Coffee/Pastries
09.30-10.50	Session 1: Thinking about Yourself as a Leader
	- An engaging icebreaker and creating our agreement for the day.
	- Your values and beliefs about leadership.
	- Finding the balance between your operational role and leading your team.
	- When to manage, and when to lead.
10.50-11.10	Morning Break
11.10-12.30	Module 2: Leading and Developing Others
	- An introduction to different styles of leadership.
	- Consider your natural leadership style, and your impact on the group.
	- Communication and Quiet Leadership. The advantages of demonstrating a
	more reflective leadership style. Introducing the Communication Spectrum,
	and considering your natural approach.
12.30-13.15	Lunch Break
13.15-14.35	Session 3: Understanding Personality, and Leveraging Colleague's Strengths
	- Complete a short personality assessment (Five Factor Model).
	- Consider your personal strengths and personality preferences.
	- Identify differences in your team, and how to lead people with different
	strengths and preferences.
	- Coaching conversation: how does your personality influence your leadership
	style and approach?
14.35-14.55	Afternoon Break
14.55-16.15	Module 4: Leading Change and Improvement
	- Examine practical and psychological theories of change and compare top down
	with iterative change management processes.
	- Examine how to communicate and build support for change using the ADKAR
	framework.
	- Apply the learning from the day to create a high-level plan to engage
	colleagues in a real organisational change.

	- Action plan and look forwards.
16.15-16.30	Wrap Up and Depart